

# ONE

## MAMMOGRAMS CAN DETECT BREAST CANCER EARLY, WHEN IT'S EASIEST TO CURE.

In fact, they can discover cancer up to three years before you can feel a lump.

The American Cancer Society recommends that ALL women 40 or older should have a mammogram every year. This is true even if there is no history of breast cancer in your family.

More women in Utah die of breast cancer than any other cancer. So there's no doubt about it—a simple mammogram can save your life!



# TWO

## EVERY WOMAN WHO IS OVER 18 OR SEXUALLY ACTIVE IS AT RISK FOR CERVICAL CANCER.

Fortunately, it's a cancer that's preventable.

Cervical cancer develops slowly, so nearly all cases can be prevented if a woman has regular pap tests.

In fact, when it is found and treated early, cervical cancer is highly curable. So remember, if you're over 18 or sexually active, a regular pap test will save your life.



# FREE

If you're a woman between the ages of 50 and 64, you most likely qualify for

## BOTH A FREE MAMMOGRAM AND A PAP TEST,

even if you have health insurance.

If cancer is detected, treatment may also be free.

## YOUR FREE SCREENING WILL INCLUDE THE FOLLOWING:

- ☒ Pap Test
- ☒ Pelvic Exam
- ☒ Clinical Breast Exam
- ☒ Mammogram
- ☒ Education on Self Breast Examination
- ☒ Yearly screening reminder
- ☒ Follow-up diagnostic services
- ☒ Referral for treatment if cancer is detected

FOR MORE INFORMATION ON THIS PROGRAM,  
CONTACT YOUR LOCAL HEALTH DEPARTMENT,  
CALL 1-800-717-1811, OR VISIT US AT  
[WWW.UTAHCANCER.ORG](http://WWW.UTAHCANCER.ORG).



TESTING FOR WOMEN  
FIFTY OR OLDER?

# COUNT ON IT!

More than a thousand Utah women will be diagnosed with breast or cervical cancer this year. Finding these cancers early with a mammogram or pap test can save your life.

So if you're 40 or older, don't delay, deny, or debate-just get tested!

And now, thanks to a special program provided by the Utah Department of Health's Cancer Control Program, women ages 50 to 64 may qualify for a FREE mammogram and a pap test, even if you have health insurance. And, if cancer is detected, treatment may also be free.



*Utah  
Cancer Control  
Program*

*A Joint Program of the  
Utah Department of Health and  
Utah's Local Health Departments*

1-800-717-1811  
[www.utahcancer.org](http://www.utahcancer.org)

*Funded by the Centers for  
Disease Control and Prevention*



For more information or to schedule  
your appointment, call 1-800-717-1811.